



# SALEM SENIOR CENTER

## MAY 2016 NEWSLETTER



### UPCOMING TRIPS

**Wednesday, May 18 – SHENANDOAH SHOPPING TRIP**  
**Location:** Stuarts Draft, Virginia  
**Time:** Departs from Salem Civic Center 8:00 am  
**Cost:** \$25  
**Details:** The Cheese Shop, Little Debbie Outlet Store, and Shenandoah Heritage Market in Stuarts Draft, VA. Cost includes travel and lunch at the Wood Grill.

**Mon-Wed, June 6-8 – PENNSYLVANIA AMISH LANDS & SHOW TRIP (See Calendar Side)**  
**Location:** Lancaster, Pennsylvania  
**Time:** Departs from Salem Civic Center TBA  
**Cost:** \$375.00  
**Details:** 3 day, 2 night trip to the Amish lands of Pennsylvania for shopping, entertainment & guided tours of the Amish Countryside. Much more included!

**Friday, June 17, 2016 - MONTICELLO TOUR & CHARLOTTESVILLE SHOPPING TRIP**  
**Time:** Departs from the Salem Civic Center TBA  
**Cost:** \$60  
**Details:** Trip takes us up the lovely I-81 corridor to Charlottesville for our tour of Monticello; the plantation home of the 3<sup>rd</sup> President of the United States, Thomas Jefferson. Buffet lunch follows at Michie's Tavern with shopping at the 120+ shop Historic Downtown Charlottesville Mall in the afternoon. Tour, lunch, and light snacks are all provided with the price.

**Wednesday, June 22, 2016 – WOLFAHRT HAUS DINNER THEATRE "COUNTRY ROADS"**  
**Time:** Departs from the Salem Civic Center 10:00am  
**Cost:** \$65  
**Details:** All Country Roads lead to the Wolfahrt Haus Dinner Theatre for this tribute to Country Music and its stars of the past and present. The original revue features our talented cast of singers as well as our incredible live band and will remind you why "you were country, when country wasn't cool". Grab your hat, polish your boots and head to Wolfahrt Haus for some Southern hospitality and charm!

**Sign up in the office.  
MUST PAY WHEN SIGNING UP**



### 49ERS + CLUB

**Thursday, May 5, National Day of Prayer**, Bus leaves at 10:30am for Salem Baptist. Mtg follows at Sr. Ctr.  
**Thursday, May 12, Lunch out Country Cooking**, meet there at 11:30am.  
**Thursday, May 19, Meeting**, 11am.  
**Thursday, May 26, Preside over the Monthly Luncheon**, 12 noon.



### SALEM SENIOR CENTER MONTHLY COVERED DISH LUNCHEON

FOR SENIOR CITIZENS

Thursday, May 26, 12 noon

**Entertainment:**

Mark Waldron & Vickie Sword

Blood pressure checks from 11 am – 12 noon by Salem Fire Dept. & Lewis Gale

### CONSIGNMENT SHOPPING TRIP

MONDAY, MAY 16

BUS LEAVES AT 9:30am

Group will be going to different consignment shops in Salem & the Roanoke Valley. Lunch is TBD but will be on your own.

\$3.00

Sign up in office



### WE NEED VOLUNTEERS!!!

Salem Parks and Recreation is hosting a ½ marathon race on Saturday, October 15.

**SIGN UP IN OFFICE**

### 65<sup>TH</sup> ANNUAL

### NATIONAL DAY OF PRAYER

Thursday, May 5<sup>th</sup>

Salem Baptist Church  
103 North Broad Street  
(across from City Hall)

Pre-service music at 11:45 by the Salem Senior Singers.  
All are invited to attend this short prayer service.

### Scrabble and Snacks!

Friday, May 20<sup>th</sup> 1:00pm

Sign up in Office!



### FRIENDS OF THE SALEM LIBRARY BOOK DONATION

During Olde Salem Days on **Saturday, Sept. 10**, Friends of the Salem Library will host the annual book sale at the Salem Public Library.

\*Book donations needed include old records, dvds, cds, paperbacks, novels, sports, religious, cookbooks, etc. and will be taken through August.

\*Please bring your donations to the Senior Center anytime through the end of August. Helen Robertson will pick them up. No magazines or Reader's Digest condensed books, please. Thank you for your help.

### SALEM SENIOR SINGERS

Thursday, May 5, **Be at Salem Baptist at 11:30am**. Following is **Practice 12:30 pm**  
Tuesday, May 10, **Oaks at Richfield**,  
Be there at 1:30pm  
Tuesday, May 17, **Daleville Baptist Church**  
Bus leaves from Center at 9:00 am  
Tuesday, May 24, **Snyder's Nursing Home**.  
Be there at 10:30 am.

### New Coloring Contest! May 1<sup>st</sup> – 31<sup>st</sup>

Pick up Sheets in office!

Judged by City of Salem Finance Dept.

### Support Meals on Wheels!

Let's do Lunch to benefit Meals on Wheels & Nutrition Services

Friday, June 17

12:00pm

\*Meals are \$15 and supports TWO hot meals for homebound seniors. Raffle tickets are available as well see us in office

\*Pre-Order your Meal in the office. You may pick your meal up or stay & eat while we watch the move "Bucket List"! Stop by office to see menu!

### THE BENEFITS OF A COMPANION ANIMAL FOR SENIORS

Presented by Rebecca Custer  
City of Salem Animal Shelter

Wednesday, May 4, 1pm – 2pm  
Salem Senior Center

### Virginia TRIAD Meeting

TRIAD is a partnership of local law enforcement, senior citizens, and senior service providers who agree to work together to reduce criminal victimization of the elderly.

Sign up in office